

Developing Supported Living Services:

A Guide to Essentials for Service Agencies and Regional Centers

Supported Living Principles

Supported living services are based on a set of principles or expected outcomes that set the service apart from any other vendored service. These principles give direction to the mission, policies and practices of the agency.

 A Home of One's Own Individuals live in homes that they own, lease or rent like other members of their community. Individuals choose where they live and with whom and they control what happens in their home. Individuals' housing is separate from their services so they are secure in their homes and do not have to move if their needs, their services or their service agency changes. Individuals are safe in their home and neighborhood.
 Choice and Self-Directed Individuals make their own everyday choices. Individuals plan for their futures. Individuals direct the services they receive and have a choice of agencies and staff. Individuals are supported (e.g., technology, communication devices, behavioral support) to communicate their preferences, choices and needs. Individuals are satisfied with the services they receive.
 3. Relationships Individuals have family, friends and neighbors who support them in regular ways or as paid help. Individuals and their circle of support work together as a team with the supported living agency and others to share responsibility for his or her well being.
 4. Community Membership ☐ Individuals fully participate in the mainstream of community life according to personal choice and preference. ☐ Individuals have opportunities to join clubs, groups, organizations, and religious groups. ☐ Individuals use local community resources and generic services.
 5. Flexible, Tailored Services and Supports ☐ Individual Service Plans are developed through a person-centered planning process. ☐ Service plans reflect the support that each individual wants and needs and plans change as wants and needs change. ☐ Individuals have opportunities to increase their abilities, confidence and quality of life and support to maintain an adequate level of health and safety.